



A Medal for a Diamond



Veena's journey to the Special Olympics was made possible with the help of Saadhya and its supporters. Saadhya Trust works towards ensuring awareness of personal rights and making students with disabilities self-dependent. The trust's initiatives are sustainable and provide bright future for individuals with Intellectual Disability & make their life meaningful.

How did Veena do it?

The daughter of a priest and a homemaker, Veena is a bright 22-year-old child and one of the most admirable achievers from sports in our country. With a history of delayed development, Veena was born via a forceps delivery that resulted in a condition where 30% of her brain was damaged. After a diagnosis from the Mysore National Institute for Speech & Hearing and a consultation with the Late Dr. Ashok Pai, a famous psychiatrist, she was referred to a special school in the district. With Ms. Arathi's and Saadhya Trust's support, Veena's ability to perform in sports such as Powerlifting were noticed. Ms. Arathi, the founder of Saadhya Trust, helped Veena get the platform she deserved, The Special Olympics.

A Scrub perfects the Diamond!

With rigorous training and coaching from one of the best Powerlifters in the region, Veena was able to win 4 medals at the Special Olympics World Summer Games held in Abu Dhabi, UAE in 2019. The road to success was paved by hard work, quality guidance, powerful platform and persistence.

Behavioral issues and lack of skills created a roadblock for this young woman when she joined the Trust. With the support of the teachers and staff, Veena was able to refine her skillset – Vocational Training, Computer Usage, Basic Life Skills and Physical Education. Within 3 years, she was able to compete in Powerlifting (Deadlifts, Squats and Bench-press) at a local, state and national level.

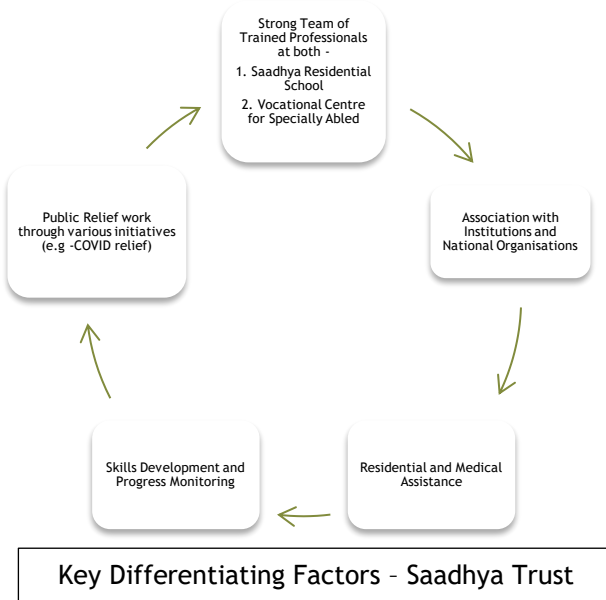
As a recipient of Special Olympics Medals and a cash prize of INR 8,00,000 from the Ministry of Youth Affairs and Sports, Government of India, Veena has shown us that with determination, grit and valuable guidance, any individual can succeed.

We, at the Saadhya Trust, are proud of Veena. We also salute the dedication and effort put in by her parents, Vijender and Vani Rao and her coach, Late Mr. Dayanand Kichdi, who was an international Powerlifter.



How does Saadhya help?

With over 136 students, Saadhya Trust has come a long way from its inception in 2016 - due to its network of trained professionals and the support and vision of its founders. A systematic approach with a clearly outlined curriculum is responsible for the Trust's success, not only with Veena (where dedication from the Trust, the parents and Veena led to a Special Olympics win) but also with other students who have improved their vocational, academic and basic skills.



ವಿಶೇಷಚೇತನರ ಒಲಿಂಪಿಕ್ಸ್ ನಲ್ಲಿ ಬೆಳ್ಳಿ ಪದಕ ಸಾಧಕ ವಿಕಲಚೇತನರ ಮೆರವಣಿಗೆ

ವಿಕ ಸುದ್ದಿಲೋಕ, ಹೊಸಪೇಟೆ ಆಟುಧಾಖೆಯಲ್ಲಿ ಇತ್ತೀಚೆಗೆ ನಡೆದ ವಿಶ್ವ ವಿಶೇಷಚೇತನರ ಒಲಿಂಪಿಕ್ಸ್ ಕ್ರೀಡಾಕೂಟದಲ್ಲಿ ವಿಕಲಚೇತನರ ಸಾಧ್ಯ ವಸತಿ ಶಾಲೆ ವಿಶೇಷ ಮಕ್ಕಳನ್ನು ನಗರದ ರೈಲ್ವೆ ನಿಲ್ದಾಣದಿಂದ ತೆರೆದ ವಾಹನದಲ್ಲಿ ಮೆರವಣಿಗೆ ಮಾಡಲಾಯಿತು.

ಕಂಚಿನ ಪದಕ, ಸುಕಾಂತೋ ಬೋರ್ನಾ ನಾಲ್ಕು ಕಂಚು, ಸೈಕ್ಲಿಂಗ್‌ನಲ್ಲಿ ಓಂಕಾರ ಮಲ್ಲಪ್ಪ ದಾಖಲಾಳದ ಬೆಳ್ಳಿ ಗೆದ್ದಿದ್ದಾರೆ ಎಂದು ಹೇಳಿದರು. ಕೇಂದ್ರ ಯುವಜನ ಕ್ರೀಡಾ ಇಲಾಖೆಯು ಚಿನ್ನದ ಪದಕ ಗೆದ್ದವರಿಗೆ 5 ಲಕ್ಷ ರೂ. ಬೆಳ್ಳಿ ಪದಕ ಜಯಿಸಿದವರಿಗೆ 3 ಲಕ್ಷ ರೂ. ಹಾಗೂ ಕಂಚಿನ ಪದಕ ಗೆದ್ದವರಿಗೆ 1 ಲಕ್ಷ ರೂ.ನಗದು ಬಹುಮಾನ ಘೋಷಿಸಿದ ಎಂದರು. ಪವರ್ ಲಿಫ್ಟಿಂಗ್ ತರಬೇತಿದಾರ ದಯಾನಂದ ಕಿತ್ತಿ ಇದ್ದರು.

ವಸತಿ ಶಾಲೆ ಸಂಸ್ಥಾಪಕ ಕೆ.ಟಿ.ಆರತಿ ಮಾತನಾಡಿ, ಪವರ್ ಲಿಫ್ಟಿಂಗ್‌ನಲ್ಲಿ ಎಸ್. ವೀಣಾ ತಲಾ ಎರಡು ಬೆಳ್ಳಿ ಪದಕ ಹಾಗೂ



ಆಟುಧಾಖೆಯಲ್ಲಿ ಇತ್ತೀಚೆಗೆ ನಡೆದ ವಿಶ್ವ ವಿಶೇಷಚೇತನರ ಒಲಿಂಪಿಕ್ಸ್ ಕ್ರೀಡಾಕೂಟದಲ್ಲಿ ವಿಕಲಚೇತನರ ಸಾಧ್ಯ ವಸತಿ ಶಾಲೆ ವಿಶೇಷ ಮಕ್ಕಳನ್ನು ಹೊಸಪೇಟೆ ರೈಲ್ವೆ ನಿಲ್ದಾಣದಿಂದ ತೆರೆದ ವಾಹನದಲ್ಲಿ ಮೆರವಣಿಗೆ ಮಾಡಲಾಯಿತು.

