

Giving Back to Society

In the last 1.5 years, COVID-19 impacted us all in more ways than we can imagine. It has given us a new perspective on working towards the betterment of society – by helping people and animals who have no means to support themselves. We, at Saadhya, believe that it’s our responsibility, as humans, to help other people/animals by contributing towards their overall wellbeing – both by donating basic resources and by providing mental health support to those who need it.

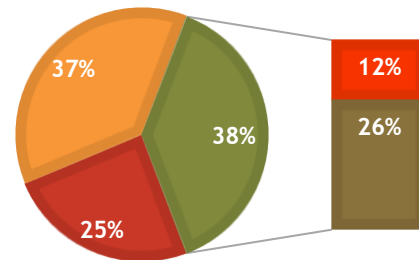
How has Saadhya helped?

The lockdown due to the pandemic limited the spread of the COVID-19 virus in India. While it did so, it simultaneously reduced the opportunities for people to further grow businesses, daily-wage workers to continue or obtain new work, and it created hardships for underprivileged and disabled people of our society. Not only did it affect humans, but it also affected stray/wild animals.

During the lockdown, we distributed Dry Ration Kits to 70 families of Intellectually challenged children, 106 families of the physically challenged children, 35 transgenders, 44 families of nomads and 31 other underprivileged families in rural and urban Hosapete.

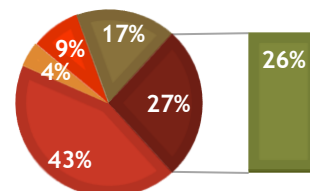
FOOD DISTRIBUTION

- Intellectually Challenged
- Physically Challenged
- Transgenders
- Nomads



FOOD KIT CONTENT (IN KGS)

- Rice (Carbohydrates)
- Dal (Protein)
- Oil, Salt
- Spices
- Flour
- Tea Powder



Food distribution was carried out in verified areas, and an awareness of hygiene was created whilst the distribution took place. Additionally, we distributed healthcare kits to the law enforcement in the city who, throughout the lockdown, maintained law and order in the area and helped contain the transmission of COVID-19.



Masks, Sanitisers and Plants being distributed in a local Police Station in Hosapete

Feeding Voiceless Beings

The staff at Saadhya fed animals during the lockdown in Hampi. Hampi, a world heritage site near our center, attracts tourists from all over the world, throughout the year. Tourists feed stray/wild animals, such as dogs, cows and monkeys, in the area. Because of the lockdown, when tourism wasn't operational, animals faced hardships for basic requirements such as food. We fed these animals as a part of our initiative for Voiceless Beings.



COVID-19 Vaccination Drive for the Specially Abled

As soon as the provision for COVID-19 vaccination of persons above 18 years vaccination was announced, vaccinating differently abled became our priority. After successful discussions with the Taluka (District) hospital administration and consultation with the District Disabled welfare officer, we took the initiative to vaccinate all students in Saadhya above the age of 18 and sent our school vehicles for 2 days to support other the vaccination of other children with disability in our city too.



Mental Health Counselling

Our staff was trained by a mental health counselling professional. Our intention was to help eliminate the panic associated with obtaining facilities like oxygen beds and ventilators, whilst simultaneously arranging for the availability of these resources. Our team also counselled COVID-19 infected patients – to alleviate their pain and to clear any misinformation that might have been spread in rural areas.

Our Team –



“I feel that social work gives me more happiness.”

Sushma’s commitment to counsel the COVID-19 infected patients and to bring them back to normalcy with enthusiasm is remarkable.

Sushma Gogi has been counselling for the longest, without taking a holiday. She is also the parent of a student at our School.



Basvaraj, a Special Educator at the Saadhya Special School Hosapete, was involved in distributing the dry ration kits.

“When the needy received the kits, they were thankful to us. This feeling of giving back to society is a core value for us at Saadhya. The ration kits helped them feed their families for 15 to 20 days.”



Pushpalatha, a Warden at the Saadhya Special School Hosapete was involved in the food distribution.

“It did not matter to me if I got infected with COVID, I only wanted to alleviate the suffering of others. Seeing how people were suffering due to starvation, people would run to collect the distributed food . I worked for the entire lockdown in Karnataka to support Saadhya’s meal distribution program and also cooked on my own when the cook took leave. This was the most satisfied and humbled I have felt in my life.”



Ms. Arathi, Founder & Managing Trustee

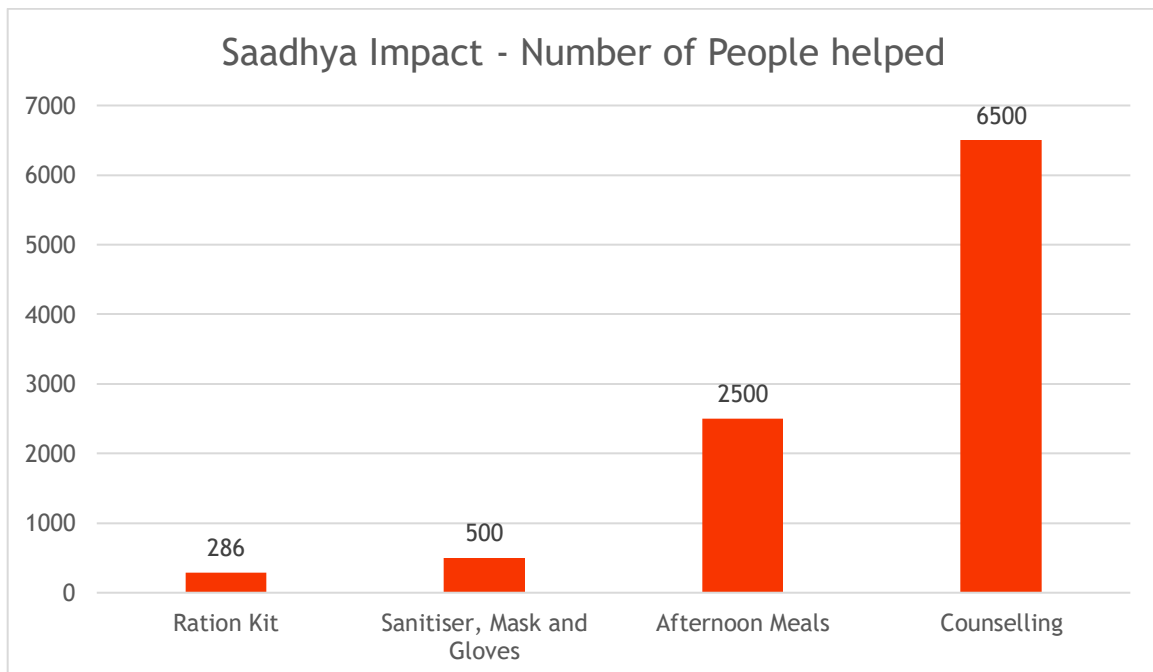
“As a person, I felt when you work for the needy you will get the highest satisfaction. I believe I get more joy by giving. I’m thankful to every donor who supported this program.”

We would like to specially thank the Ajim Premji Foundation for Development for donating 45 dry ration kits, Rise Against Hunger India for donating 206 dry ration kits and individual donors for coming forward to support this initiative. This would also not be possible without the staff, volunteers and parents involved in the Counselling initiative, which was one of the most timely initiatives by Saadhya.

We continue to support the needy when they are in crisis. Thank you once again for believing on our work

We faced a few challenges while executing this initiative. From dealing with hesitance from the staff, who feared the impact of COVID-19 on themselves and their families to budget constraints to carry out this work, we overcame these obstacles by educating our staff with the ground reality and by receiving donations for the initiative via a successful Social Media campaign.

The following pie chart distribution will give an overview of the people we have impacted through these initiatives –



How does Saadhya help?

With over 136 students, Saadhya Trust has come a long way from its inception in 2016 - due to its network of trained professionals and the support and vision of its founders. A systematic approach with a clearly outlined curriculum is responsible for the Trust's success with students who have improved their vocational, academic and basic skills.

